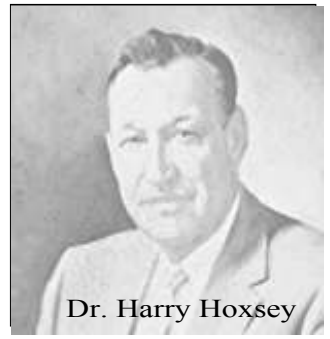




Mildred Nelson



Dr. Harry Hoxsey

# BIO MEDICAL CENTER NEWSLETTER

Volume 12 September 2014

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wiseGEEK

Wobenzym® is a natural dietary supplement manufactured originally by German company Wobe-Mucos. It contains a number of enzymes and is marketed as an anti-inflammatory painkiller that also aids digestion, circulation, and immune functions in the body. Like many natural supplements, the United States Food and Drug Administration (FDA) has not certified Wobenzym®, nor verified its efficacy and safety. The active ingredients present in the supplement are, however, known to have important effects on many human biochemical processes.

Wobenzym® enzymes include three different enzymes extracted from plants, and three enzymes that are secreted by the pancreas. The plant enzyme ingredients are papain, extracted from papaya fruit; bromelain, extracted from pineapples; and rutoside trihydrate, extracted from buckwheat. Papain is an enzyme that aids the digestion process and is claimed to have healing properties. Bromelain is an anti-inflammatory and also acts to reduce clotting in the blood. Rutoside trihydrate, also called rutin, has similar effects to those of bromelain, and in addition may assist in the digestion of sugar.

The pancreatic enzymes in Wobenzym® are pancreatin, trypsin, and chymotrypsin. Pancreatin, in fact, is made up of three different enzymes, lipase, trypsin, and amylase.

See Wobenzym on p-2



## ROBIN WILLIS

Robin joined the Bio Medical Center staff in June 2014 as a medical assistant.

Being a nurse by profession gives her such an advantage in fulfilling her tasks and as a patient of the clinic since 1994 she is very familiar with our treatments

and nutritional guidelines providing us with the chance to have the patient's perspective.

Her knowledge in our procedures is a great asset to the clinic and it allows her to assist in doctor-patient consultations giving her the opportunity to learn about each individual case and therefore being able to answer patient's questions by phone and/or e-mail. She also helps with after-hour phone calls when doctor's are otherwise unavailable.

She will begin to impart a nutritional support lecture on the importance of following the treatment's dietary guidelines and suggestions on how to make it easier to follow them. When Leola, our nurse is on vacation, she will take her place administering

IVs, taking patient's vital signs, and measuring their height and weight.

Robin is married to Sam Willis and together they have 2 daughters, a son-in-law and they all rodeo year round. Along with her husband, Robin lives in a horse ranch in Culver, Oregon. Her care for the clinic and its patients wellbeing outweighs the downside of leaving her home to travel to Tijuana on a monthly basis.

Her personality, background and life experience makes her empathetic to our patient's needs and situations. We are sure you will find in her a warm, caring person who will try her best to aid in whichever way possible.

These are digestive enzymes and are intended to boost the digestive system.

Wobenzym® side effects are not widely documented, with the exception of some stomach pain or discomfort, which usually subsides if the dosage is reduced. The supplement should not be taken by pregnant or breastfeeding women. It is also not appropriate for people suffering from liver damage and certain blood problems. It is generally recommended to check with a physician prior to taking this supplement for people who are on any prescribed medication.

One of the criticisms that have been leveled at Wobenzym® is that enzymes that are ingested orally are normally broken down by the body within the digestive system. This may mean that these enzymes do not reach the blood stream, where some of their more important beneficial effects could be realized. Proponents of Wobenzym®, however, contest this view and claim that the enzymes are indeed assimilated into the bloodstream.

### Balancing the Immune System

Rather than stimulating or suppressing the immune system, Wobenzym has the ability to balance it, according to Systemicenzymesupport.org. Lowered immune function can increase risk to infection and chronic disease, while an overactive immune response can lead to autoimmune diseases, such as lupus, where the body attacks itself. A balanced immune system, on the other hand, is better able to defend against bacteria, viruses, fungi and other harmful organisms. Also more efficient at healing and repairing damaged tissues throughout the body. Basically, Wobenzym enhances the healing effects of the immune systems inflammatory response for quick recovery from injury or trauma, while at the same time containing excess inflammation from getting out of control and wreaking havoc throughout the body.

### Leading European Oncologist Discusses Systemic Oral Enzyme Therapy & Cancer

Even in his mid-eighties when he maintained great health and an active lifestyle, Dr. Heinrich Wrba remembers back to another time.

He was forty. It was after the war. One of his children -- a daughter, Michaela Siedon -- was stricken with leukemia. For two years she fought the disease, but nothing could help, and the treatments themselves were painful and debilitating to the child.

In an interview he stated bluntly, "Chemotherapy killed her." This from one of Europe's leading oncologists. Today with some 200 publications in prestigious medical journals, Dr. Wrba has quietly and permanently changed the way cancer is treated throughout Europe. He has educated a generation of European oncologists

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## Ceviche en salsa verde



Ingredients: for Ceviche

1 lb. of snook, diced

¼ cup of fresh squeezed lime juice

½ teaspoon of sea salt

1 avocado in slices

¼ red onion, finely diced, olives, capers

1 bag of corn tostadas

Ingredients: for Green salsa

Pinch of basil

Pinch of parsley

Pinch of mint

1 green Serrano chili, seeded and finely diced

½ oz. Olive oil

Preparation: Marinate the fish in a glass or ceramic bowl, with the lime juice for 30 minutes.

Blend all the ingredients for the green salsa. Strain the fish and pour the green salsa mix it well. Serve the Ceviche in a tostada top it with an olive, caper, onion and avocado slice.

## GUEST ROOMS



There are now guest rooms available for rent. Patients returning to the clinic after a day might enjoy the convenience of the guest rooms located on site. If you are interested, you can make reservations with Olga at the clinic office. Guest room rates are \$50.00 - \$60.00 USD.



on the value of systemic oral enzymes in the treatment of cancer. It hasn't been easy. And it hasn't always been smooth sailing. As in America, overcoming widespread negative mythologies has been one of the greatest roadblocks. But amazing things are happening on both continents-suddenly the concept that protease therapy is an important aspect of cancer treatment is catching on in a major way.

In America, the National Cancer Institute is funding a large-scale study on the value of oral enzymes in cancer treatment, and the Food and Drug Administration has awarded investigational new drug status to a systemic oral enzyme formula. Major advances in cancer therapeutics with enzyme preparations have been made in Europe as well.

### **From Sceptic to True Believer**

In 1965, Dr. Wrba was invited to become Chair of Oncology at the University of Vienna. Throughout his professional work, he has carried the message of oral systemic enzyme therapy to his colleagues.

What Dr. Wrba has seen in treating more than one-thousand patients and overseeing countless other cases has convinced him of the utility of systemic oral enzyme therapy in cancer therapeutics.

In Germany, systemic oral enzymes are not officially accepted for cancer therapeutics, says Dr. Wrba, yet, in practice, "almost every patient gets them."

### **How Systemic Oral Enzymes Help**

Dr. Wrba explained how systemic oral enzymes help in the prevention of cancer and in cancer therapeutics. Cancerous or diseased cells are a fact of life, but most of these cells are quickly destroyed by the body's contingent of white blood cells which form the firewall of the immune system. Other cancerous cells wander aimlessly about via the blood stream but are so few in number

and unable to attach to any tissues that they ultimately die off.

But under detrimental influences such as environmental pollution, tobacco smoke, sunburn, radiation, and environmentally weakened or age-related lapses in immunity, the balance between friend and foe is disrupted. The body is no longer capable of suppressing the cancer cells. When a significant number of cells escape destruction, their capabilities change. Some are capable of adhering to cell walls and begin their "dirty tricks" campaign. Almost seemingly capable of sensing that the body's immune defenders might recognize them, the cancer cells hide themselves under a thick coat of adhesive fibrin, a coat that is some fifteen times more thick than the fibrin over normal cells. The thickened coat hides away their suspicious markings, including their antigens, from the body's immune defenders. The cancer cells with their sticky coating can adhere to tissues where they congregate and multiply. To throw the body's immune cells further off track, the cancerous cells may slough off their antigens. The immune cells immediately attack these harmless proteins but leave the cancerous cells unharmed. It is a type of warfare that could make a military general envious.

The cancer cells grow because of the absence or inadequate presence of enzymes that are capable of stripping the fibrin away from the individual cancer cells. Adequate enzyme activity can lay bare their antigens and so pave the way for their destruction by the body's immune cells. The more cancer cells the body produces, the more enzymes that are required.

At the Austrian Cancer Research Institute at the University of Vienna, Dr. Wrba and his researchers have long been studying the role that systemic oral enzymes play in disrupting cancerous processes. Working with Dr. Lucia Desser, the team discovered that treating cells with enzyme mixtures caused substantial secretions of a chemical

See Wobenzym p-4

## **BOOKS**

CANCER MEDICINE FROM NATURE

Second Edition by Roger Bloom \$15.00 USD

YOU DON'T HAVE TO DIE

By Harry Hoxsey \$5.00 USD

YES YOU CAN SAY NO

By Marie Carlson \$12.00 USD

WHEN HEALING BECOMES A CRIME

By Kenny Asubel \$20.00 USD

EAT FOR YOUR LIFE

By Alison Taafe \$20.00 USD

HEALTHY PLEASURES COOKBOOK

\$20.00 USD

## **VIDEOS AND CD'S**

THE EXPERIENCE

By Carol Main \$20.00 USD

HOXSEY AT BIO MEDICAL CENTER

By Kenny Asubel \$20.00 USD

DR. ELIAS GUTIERREZ

At Cancer Control Society 2011

\$15.00 USD

Available at Bio Medical Center

To order call us at:

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(shipping & handling extra)

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called tumor necrosis factor. Tumor necrosis factor or TNF is secreted by immune cells and is capable of attacking cancer cells and those cells infected with viruses. It is vital to our body's cancer defenses.

In general, enzymes are used as complementary therapy in combination with other modes of treatment. Clinical data support their efficacious use in **brain tumors; epithelial tumors in the region of the head and neck; lung cancer; malignant melanoma; leukemia; T cell lymphomas; stomach and colon cancer; cancerous diseases of the abdomen; pancreatic cancer; and tumors of the cervix, breast and uterus.** The benefits extend to life prolongation, quality of life, and improvement in cancer markers.

How to Use Wobenzym

Wobenzym should be taken on an empty stomach at least 45 minutes before a meal or at least two hours after a meal. In this way, the enzymes do not digest food proteins, but instead are absorbed into the bloodstream, where they exert their anti-inflammatory effects. For chronic pain relief, three to five tablets three times daily are recommended, according to Antiaging-Systems.com. Five to ten tablets three times daily can be used for more severe chronic pain. Wobenzym can be taken for one to two months or longer for chronic conditions, and one to six weeks for acute conditions. Some people may experience minor digestive disruptions such as diarrhea and excess gas. Smaller doses taken more frequently can alleviate this.

**Laundry room  
is now available  
at Guest rooms.**

**BIO MEDICAL CENTER  
OFFICERS AND DIRECTORS**

**Mike Thornton, President & Managing Director**

**Liz Jonas, Vice-President**

**Donna McCright, Sec'y-Tres.**

**Dr. Arturo Rodriguez, Medical Director**

Visit our website: [hoxseybiomedical.com](http://hoxseybiomedical.com)  
Comments and suggestions are welcome.

**2014 USA & México Holidays**

Clinic will be closed on

January 1	Wednesday	New Year's day
February 3	Monday	Constitución Mexicana
March 17	Monday	Benito Juárez (birthday)
May 1	Thursday	Día del Trabajo (México)
September 16	Tuesday	Día de la Independencia (México)
November 17	Monday	Revolución Mexicana (México)
November 27	Thursday	Thanksgiving day (USA)
Dec 22-Jan 2	2 weeks	Clinic vacations
Jan 5, 2015	Monday	Clinic opens from vacations

**IONIC DETOX FOOT BATH**

Available now

Cost \$20.00 dollars for 30 minutes.

**WARNING: Not advisable if you are pregnant, or think you might be pregnant or if you have an electrical implant such as pacemaker, cochlear, tens unit, etc. If you are currently taking any anti-rejection drugs, or have taken any anti-rejection drugs within the last six months**

**Appointments**

We have begun to take appointments for specific days, but not for a specific time or doctor. As in the past, appointments are not required, but are encouraged to better serve the patients. The patient will still be required to be at the clinic by 9:00 AM and plan to stay most of the day. By making an appointment, the clinic will be able to handle the daily patient load more efficiently.