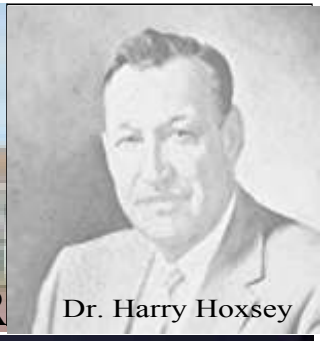




Mildred Nelson



# BIO MEDICAL CENTER NEWSLETTER



Dr. Harry Hoxsey

Volume 11 March 2014

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### Helping Patients and Touching the Lives of Our Doctors—A Note from Our Staff

I started working at the Bio-Medical Center in 1999. My position has given me the opportunity to increase my knowledge and improve my life in countless ways. Through Bio-Medical Center, I received X-Ray and radiographic studies skills and am now able to perform these services for the many clients our clinic helps.

Other services I perform at the clinic include pool maintenance and driving patients to and from their visits. I find my job exceptionally rewarding. It gives me great satisfaction to work with patients and help them on their road to recovery.

My gratitude goes out to Liz Jonas and Mike Thornton for allowing me to be a part of the great work here. I find my profession to be a blessing, and I hope to pass that blessing along to the patients.

Carlos Casillas Vazquez



### The Bio-Medical Foundation—A Journey In Wellness

The wonderful patient outcomes that the Bio-Medical Foundation is able to achieve are largely due to generous supporters. Governed by our elected Executive Board, we're a non-profit organization based in Fort Worth, Texas. It's our mission to see that every patient can have access to the wonderful, non-traditional cancer treatments and other healing remedies that our clinic offers, especially those who find mainstream medicine lacking in their care.

Founded by Mildred Nelson in 1985, Bio-Medical Center has been able to care for countless patients through the hard work and generosity of many supporters, such as Mrs. June Libby. Mrs. Libby was a patient from Florida who left a large portion of her estate to the Bio-Medical Center and other non-profit organizations.

See Bio Medical Foundation p-2

Visit our new website  
[hoxseybiomedical.com](http://hoxseybiomedical.com)

## BioMedical Foundation p-2

The current Directors of the Bio-Medical Center, Liz Jonas and Donna McCright, utilize a portion of the funds donated to our organization to defray medical costs for patients. Jonas and McCright dedicate their time, passion, and resources to make sure that the clinic can thrive and maintain the level of care that its patients have come to expect and rely on. Their mission is to ensure that the clinic continues to nurture life and promote solutions for future generations. Our ability to continually help those in need of our services depends on the support of those who believe in our work and are willing to donate their time and funds. We've been blessed with many wonderful contributors who believe that every patient should have access to the best treatment possible.

Our most dedicated contributors are often former and current patients, such as:

Mrs. Jaye Levy from California, David Olson from Minnesota, Liz Jonas from Texas, Michiel and Karen Thornton from Texas, Allen Cannon, Sr. From New Mexico, Joseph Coletti, Bob and Jolene Nelson, Allison Wolgar, Lita Adams, Janet Lee Bray, William and Peggy Funderburk, Beatrice Redmond, Glenn Colombo, Dr. E Gutierrez, Healthy Pleasures, Beverly Henry, Ruth Bergeson, Carolyn Kelly, Deb Monroe, Janelle Nance, Karen Henry, Myrna Davis, Mary Scaran, Jill Pioreschi, Marion Kincaid, Neal Martin, Randy Blurton, Ronnie Blurton, Barbara Ellingson, Tom Skeet Nelson, Cathy Holzer, Lyn Hyer, Dorothy Mae Mumby, Corbit Dana Ryan, Violet Thomas, Mary Dorado, Billie Tefteller, George Gerow, Hazel Trut Scott, Pamela Lynn Wilson, Lester Hardwood, Milena B Parler, Jean Whalen, Roland Zerebeski, Marilyn and Arthur Leidecker, Ric Johnson and Cricket, Gardes Collins, W.E. Beckman, James and Lorinda Bechtel, Susan Wildman, Linda Braddock, Rocco Ranieri, Audrey Welch, Beula Newman, Robert Mormey, Mildred Nelson, Elaine Cheney, Joy Blitsch, Michele Gluck, Diane Strang, Valentina Kloos, Jack and Geri Lovett, Eleanor Barnes, Anita Lawrence, Daryl J. Morain, Donna McCright, Paul Cochran, Valerie Berger, Jack Lovett, Vicky Letender, Imogene Carter, Elizabeth Kitzman, Robert S. Marvonce, Nora Montros, Inez Peters, Linda Braddock, Beth and Rick Mallikowski, Maria Philippou, Florence Courtney, Gypey I Bar, Christie Courtney, James Delaney, Robert and Margaret McIntire, Margaret Griffin, Michael Garan, Chandra Atkison, Robert S Marvonce, Linda William, Ray Rinehart, G.H. Nickles Jr. Lilles Weiss, John Beal, Betty Pickett, Ava Hiliard, Ann Hellingson, Ken and Jacqui Carlson, Merry March, Mr. & Mrs. Dallas Weaver, Ronald Haller, Libby Binnar Parler, James and Patricia Merritt.

We've also received anonymous gifts of cash in the blue donations box.

On behalf of all of the patients who have received financial support, we thank you.

## Rocio's Potato Soup

### Ingredients

- 4 diced potatoes
- 1 cooked potato with onion and garlic
- 1/2 cup milk or cream
- 2 strips diced, fried turkey bacon
- 4 cups chicken broth
- 1/2 teaspoon sea salt
- 1/2 teaspoon ground white or black pepper
- 2 tablespoons olive oil
- 1/2 green bell pepper
- 1/2 red bell pepper
- 1 pinch of parsley

### Instructions

1. Blend 1 cooked potato, onion, and garlic in 1/2 cup of milk or cream.
2. In a saucepan, sauté 4 diced potatoes, diced bell peppers, and diced, fried turkey bacon with 2 tablespoons of olive oil. Then add 4 cups of chicken broth. Reduce to low heat for about 25 minutes, and cook until potatoes are tender.
3. Add the blend of cooked potato, stirring over medium low heat until boiling.
4. Top with a pinch of parsley.

## GUEST ROOMS



There are now guest rooms available for rent. Patients returning to the clinic after a day might enjoy the convenience of the guest rooms located on site. If you are interested, you can make reservations with Olga at the clinic office. Guest room rates are \$50.00 - \$60.00 USD.





## Ionic Detox Foot Bath

### The Ionic Detox Foot Bath—A Detoxifying Treatment More Relaxing than the Spa

What is an ionic detox foot bath? Let's start by discussing the benefits of foot baths in general. You're probably familiar with soaking your feet for a pedicure or as part of a spa treatment. It's a practice that's been around for a very long time. Though today it's often thought of as a pampering technique, the process does have healing properties.

The ancient Japanese believed that soaking your feet in hot springs would give you energy and good health. They even incorporated the use of herbs and plants into their foot baths, using ancient homeopathic cures for various results. These natural remedies are still in use today, and the practice of soaking your feet or entire body in herbal remedies is fairly common.

One of the reasons that detoxification foot baths have become so sought after is because the entire topic of detoxifying the body has gained attention in mainstream medicine. Many homeopathic and alternative health procedures are currently being lauded for their impact on improved health. Detoxifying the body is essential because the diet today is less natural and people are consuming

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#### 2014 USA & México Holidays

Clinic will be closed on

January 1	Wednesday	New Year's day
February 3	Monday	Constitución Mexicana
March 17	Monday	Benito Juárez (birthday)
May 1	Thursday	Día del Trabajo (México)
September 16	Tuesday	Día de la Independencia (México)
November 17	Monday	Revolución Mexicana (México)
November 27	Thursday	Thanksgiving day (USA)
Dec 22-Jan 2	2 weeks	Clinic vacations
Jan 5, 2015	Monday	Clinic opens from vacations

#### BIO MEDICAL CENTER OFFICERS AND DIRECTORS

**Mike Thornton, President and Managing Director**

**Liz Jonas, Vice-President**

**Donna McCright, Sec'y-Tres.**

**Dr. Arturo Rodriguez, Medical Director**

## BOOKS

CANCER MEDICINE FROM NATURE

Second Edition by Roger Bloom \$15.00 USD

YOU DON'T HAVE TO DIE

By Harry Hoxsey \$5.00 USD

YES YOU CAN SAY NO

By Marie Carlson \$12.00 USD

WHEN HEALING BECOMES A CRIME

By Kenny Asubel \$20.00 USD

EAT FOR YOUR LIFE

By Alison Taafe \$35.00 USD

HEALTHY PLEASURES COOKBOOK

\$20.00 USD

## VIDEOS AND CD'S

THE EXPERIENCE

By Carol Main \$20.00 USD

HOXSEY AT BIO MEDICAL CENTER

By Kenny Asubel \$20.00 USD

DR. ELIAS GUTIERREZ

At Cancer Control Society 2011

\$15.00 USD

Available at Bio Medical Center

To order call us at:

1 (619) 407 7858 or e-mail us at:

[bmc\\_mimi@hotmail.com](mailto:bmc_mimi@hotmail.com)

(shipping & handling extra)

Ionic Detox Foot Bath continues

more products with toxins that aren't found in nature. Adding environmental factors to this mix, people are getting sick at a higher rate and are more aware of the damages these toxins are doing. Detoxification is a way of cleansing the body of these foreign chemicals.

Why would you detoxify your body with a foot bath, rather than diet or whole body cleanse? You might use a combination of many types of detoxifying regimens. But the reason the foot bath is so powerful is because the feet are connected to all of your vital organs. Those are the organs that are targeted during the detox process.

There are about 2,000 pores and more than 7,000 nerve endings at the soles of your foot. The pores of your skin are part of the system that excretes toxins and waste material that your body does not use. This makes the feet the most convenient area to apply detoxification procedures.

At Bio-Medical Center, our foot baths ionize the water through a simple process of electrolysis. This process makes the molecules of water become negatively charged to attract the positively charged toxins in the body. This chemical reaction permeates the water and the open pores of your feet, flushing the toxins out of the body. Small waste particles such as salts, heavy metals, fat, and cholesterol may be excreted during this process.

When you hold your feet in the water, the ions pass through the skin into the blood and the oxygen ions are carried to all parts of your body and combine with metabolic waste in the tissue. The oxidized waste then passes out through the pores in your feet and is eliminated into the later discarded bath water.

Our ionic detox foot bath sessions last between 20 and 30 minutes. They are safe, take little time out of your schedule, and most of our patients really enjoy them. They find the procedure relaxing and comforting—it feels more like pampering yourself than undergoing a health procedure.

This type of detoxifying therapy is geared to neutralize free radicals in your system. Our patients have reported the improvement or total alleviation of a number of health conditions, including:

- Asthma
- Allergies
- Chronic Fatigue
- Migraine
- Neck and Muscle Pain
- Yeast Infection
- Toxemia
- Arthritis
- Rheumatism
- Swelling of Legs
- Calluses
- Diabetic Ulcers

## IONIC DETOX FOOT BATH

Will be available at the Clinic in

April 2014

Cost \$20.00 dollars for 30 minutes.

**WARNING: Not advisable if you are pregnant, or think you might be pregnant, or if you have an electrical implant such as pacemaker, cochlear, tens unit, etc. If you are taking any anti-rejection drugs, or have taken anti-rejection drugs within the last six months.**

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Visit our new website: [hoxseybiomedical.com](http://hoxseybiomedical.com)  
Comments and suggestions are welcome.

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### Patients' Rotation

Each day, all of the clinic's doctors have a meeting during the X-Ray readings to discuss every patient's case. This was instituted by Mildred Nelson so that all doctors could be involved in each case. For that reason, she also established the doctor's rotation. Today, when a patient calls or needs help, any of our doctors can effectively assist them and all of our staff is intimately familiar with every case. Please rest assured that even if you don't see the same doctor on every visit, they are all aware of your medical condition and fully able to support you.

### Appointments

We have begun to take appointments for specific days, but not for a specific time or doctor. As in the past, appointments are not required, but are encouraged to better serve the patients. The patient will still be required to be at the clinic by 9:00 AM and plan to stay most of the day. By making an appointment, the clinic will be able to handle the daily patient load more efficiently.